



NEWSLETTER AUTUMN 2024

Clinic Opening Hours

Monday 8:30am to 6pm
 Tuesday 8:30am to 6pm
 Wednesday 8:30am to 6pm
 Thursday 8:30am to 6pm
 Friday 8:30am to 6pm
 Saturday 9am to 4pm
 Sunday CLOSED

Respiratory Clinic Opening Hours

Tuesday 11am to 12pm
 Wednesday 11am to 12pm
 Friday 11am to 12pm

Doctors

Dr Ken Lajoie
 Dr Al-Falah Dhanji
 Dr Vira Chawtur
 Dr Alasdair Young
 Dr Naif Saigol
 Dr Leah Strauch

Nurse Practitioner / Nurse

Fortune Pemhiwa
 Chris Lowings
 Roanne Mariano
 Jasmine Simpson
 Georgi Mew
 Tracy Madigan

Allied Health

Ryan Rossouw—Podiatry
 Katrina—PV Podiatry
 Marie Dow—Psychologist
 Brian Hamilton—Physiotherapist
 Jonathan Kong—Physiotherapist
 Jasmine Chan—Physiotherapist
 Sarah Wells—Dietitian

On Site Services

Osteo Scan—Friday—once per month
 Advava ECHO—every 3rd Friday
 Clinpath - Mon-Fri 8:30am to 4pm (closed between 12:30pm and 1pm)
 Saturday 9am to 12noon
 Sunday and Public Holidays CLOSED
 Contact these services directly to book in

Welcome



In February 2024, Dr Leah Strauch joined the team at Reynella Family Care, where she will complete her training in General Practice Medicine. Dr Leah has a keen interest in sexual and reproductive health and a strong focus on community. You can book with Dr Leah now, she will be consulting on Monday, Tuesday and Friday. Please help us in making her feel most welcome!
 Call reception to make an appointment or book online through HOTDOCS.

STOP THE SA Tax Grab!

Your GP will need to raise fees.

The SA government is squeezing more tax from general practices— this means we will need to raise fees. It will be harder to find a GP that bulk bills, and some practices will have to close.

Healthcare needs to be affordable for everyone.



SIGN THE PETITION TODAY

Scan the QR code or go to www.racgp.org.au/advocacy/pay-roll-tax to sign the petition.

RFC NOTICE BOARD



Appointments

Certain appointments such as care plans do not encompass enough time to discuss multiple concerns. If you have additional concerns you wish to discuss with your GP including drivers licence renewals please organise a new appointment at reception or via our online booking platform HOT DOC.

Test Results

Our practice will be in touch with you should you require further follow up from any test completed. If you would like to discuss your results with your GP or would like a copy of your results, please make an appointment.

Script repeats

Script repeat appointments are available each day. Please call the practice to book your appointment.

Referral letters

All referral letters including renewals, please ensure you make an appointment with your GP. These requests will not be fulfilled without an appointment.

Communication

Due to strict privacy legislation, we are not able to communicate with our patients via email.



Please welcome our newest team members!

Reception Team: Ali—Bright, bubbly, energetic and cheeky, that’s our lover of wolves and music adoring Ali.

Kerrie— is a welcomed addition to our team, she brings with her experience, compassion and kindness.

Nursing Team: Jessica—Joins us from aged care, she has a wealth of knowledge and a passion for patient centered care.

We are thrilled to be welcoming these wonderful ladies to the RFC family and please help us in making them feel most welcomed.

Please be patient over the next few weeks as they are all in training.

Health Services

Reynella Family Care offer a wide variety of in clinic health services and keep up to date with current National Medical advice and programs to ensure your care is relevant.

- * Are you 65 and over? You might be eligible for the FREE Shingrix vaccine, to find out call reception.
- * In home 75+ health assessments. Book with reception.
- * The next Covid-19 vaccine is available now, call reception to book your appointment
- * Respiratory clinic is available for RFC patients who are experiencing cold and flu like symptoms. Book online with HOT DOCS or call reception.
- * Cervical screen self collection—please discuss this with you GP to see if you are eligible.
- * ADVARA Heart Health now offering echocardiogram sessions onsite at RFC, speak to you GP about a referral.
- * Osteoscan every second Wednesday. Call (08) 8923 8349 to book.

RFC will be closed on the following public holidays, pop these dates in your diary



29th March—Good Friday

30th March—East Saturday

1st April—Easter Monday

25th April –ANZAC DAY

HAPPY EASTER FROM ALL OF US AT RFC!

216 Old South Rd. Old Reynella SA 5161

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www.reynellafamilycare.com rfc@reynellafamilycare.com

COLD AND FLU SEASON IS COMING

As the leaves start to fall and the air turns crisper, we are reminded that flu season is around the corner. For seniors, staying healthy during the colder months is especially crucial, as the flu can lead to serious complications in older adults. But, with the right precautions, we can significantly reduce their risk of getting sick. People ages 65 and older are more susceptible to complications of the cold and flu due to several factors associated with aging.

Additionally, people with certain chronic conditions like diabetes, heart disease, and lung disease are at a higher risk of developing life-threatening complications from the flu. That is because these health conditions can further compromise the immune function, therefore increasing their vulnerability to illness.

Since flu strains and cold viruses in the environment pose a higher risk, it is crucial to take extra precautions to stay healthy during this time. Flu vaccine clinics are now available, book at reception or online through HOT DOC and at the Reserve and Hillside flu clinic booking sheets are up in the village.

Flu Clinics are scheduled for Tuesday 22nd April at The Reserve and Tuesday 29th April at Hillside Community.



Fees at RFC

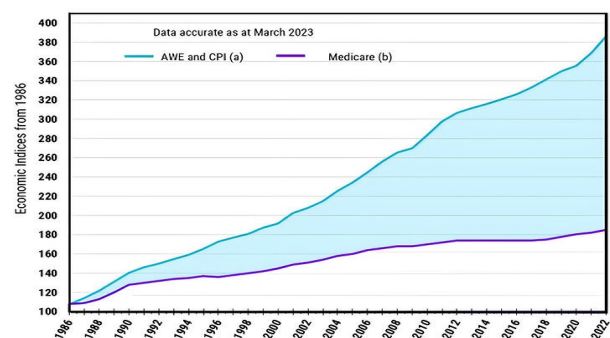
The fees at RFC will be increasing as of January 1st 2024. Since Medicare’s inception the Government’s indexation of Medicare rebates has never kept pace with the rising cost of medical practice. From 2012-2017 almost all MBS rebates were frozen with no indexation.

Since then Medicare rebate increases have been significantly less than inflation.

This year the Medicare rebate was increased by 3.6% whilst our employment costs alone increased by 6.2%.

In order to continue to cover the increasing costs of running a General Practice our policy has always been to charge AMA rates which are independently adjusted each year to cover the costs of running a General Practice.

This is why your Medicare rebate is worth less every year. Concerned? Talk to your local Federal MP. Please visit our website for full fee schedule.



(a) Index comprising of Average Weekly Earnings and Consumer Price Index (70:30) reflecting the average cost structures in medical practices.
 (b) Index of Medicare fees as determined by the Commonwealth Government.