



NEWSLETTER SUMMER 2023

Clinic Opening Hours

Monday 8:30am to 6pm
Tuesday 8:30am to 6pm
Wednesday 8:30am to 6pm
Thursday 8:30am to 6pm
Friday 8:30am to 6pm
Saturday 9am to 4pm
Sunday CLOSED

Respiratory Clinic Opening Hours

Monday 11am to 12pm
Wednesday 11am to 12pm
Friday 11am to 12pm

Doctors

Dr Ken Lajoie
Dr Al-Falah Dhanji
Dr Vira Chawtur
Dr Alasdair Young
Dr Naif Saigol
Dr Teng-Wei Khoo

Nurse Practitioner

Fortune Pemhiwa
Chris Lowings

Allied Health

Ryan Rossouw—Podiatry
Marie Dow—Psychologist
Brian Hamilton—Physiotherapist
Jonathan Kong—Physiotherapist
Jasmine Chan—Physiotherapist
Sarah Wells—Dietician

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Farewell Dr Khoo!

For the past year we have been blessed to have Dr Teng-Wei Khoo consult here at Reynella Family Care. During Dr Khoo's time here, he has been a valued member of our team, providing exceptional support and medical care to our community. With his warm smile, contagious laugh and patient centered approach to primary health, Dr Khoo's absence will be felt by all and he will be greatly missed.

The staff have all found that Dr Khoo is fabulous, friendly and approachable, always willing to go the extra mile for the practice and his patients.

We would like to thank Dr Khoo for his outstanding contribution to our community and wish him all the very best with his future. Dr Khoo will finish up on the 19th of January 2024.

Thank
You



Welcome

Dr Leah Strauch

From February 2024, Dr Leah Strauch will be joining us at Reynella Family Care, where she will complete her final year of General

Practice training. Dr Leah is dedicated to developing a strong and supportive relationship with our community.

Dr Leah has a particular interest in sexual and reproductive health.

Before training as a Doctor, Leah had a successful career in engineering. Leah is married and is a mum to beautiful twins. Dr Leah has a passion for music, language, sports, and is a key member in her local pub quiz team. We look forward to welcoming Dr Leah in the new year and having her a part of our community.

You can start to book with Dr Leah now and she will be consulting on Monday, Tuesday and Friday, just call reception to make an appointment or book online through HOTDOCS.

Quality Improvement for 2024 Healthy Heart

What is quality improvement in healthcare Australia?

Quality Improvement is a system of regularly reviewing and refining processes in order to improve them, and therefore improve the quality of care your patients receive and their health outcomes.

For all of next year we will be focusing on **healthy hearts**



Health Services

Reynella Family Care offer a wide variety of in clinic health services and keep up to date with current National Medical advice and programs to ensure your care is relevant.

As the warmer weather is upon us, we start to frolic in the summer sunshine, exposing our skin to the UV rays. RFC offer skin checks in the skin clinics for piece of mind and early detection. Call the reception team today to book your visit to the skin clinic.

Are you 65 and over? You might be eligible for the FREE Shingrix vaccine, to find out call reception.

The next Covid-19 vaccine will be available at RFC in the New Year, call today to book yours in!

Christmas appeal with the Salvation Army

This year RFC has partnered with the Salvation Army in order to collect toy/gift donations for people who are finding it tough this year in our community.

If you have any questions around gift guidelines, please call our reception team.

Please drop you donations at the RFC reception by the 15th December.



MERRY CHRISTMAS and a HAPPY NEW YEAR FROM RFC



Summer Health Focus

This Summer RFC is focusing on two preventative health programs. The healthy heart program and over 75 health assessments. These assessment are an integral part of primary health care that are available to you at RFC.

A Heart Health Check is the patient-friendly term for comprehensive absolute cardiovascular disease (CVD) risk assessment and ongoing management. The healthy heart program is available to anyone between the age of 40 -74 (30 years and above for Aboriginal and Torres Strait Islander peoples) .

Have you had yours? If not, please call 8321 9099 to and book today!

The over 75 year old health assessment is an in-depth assessment of a patient aged 75 years and over. It provides a structured way of identifying health issues and conditions that are potentially preventable or amenable to interventions in order to improve health and/or quality of life. Our Nurses provide these assessments in the comfort of your home or at the practice, completely free of charge. call Tracy today to book yours in!

Fees at RFC

The fees at RFC will be increasing as of January 1st 2024. Since Medicare's inception the Government's indexation of Medicare rebates has never kept pace with the rising cost of medical practice.

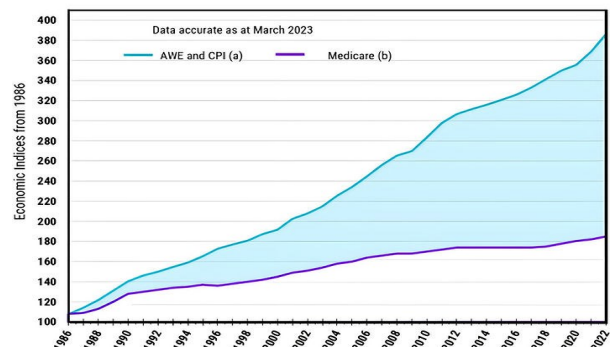
From 2012-2017 almost all MBS rebates were frozen with no indexation.

Since then Medicare rebate increases have been significantly less than inflation.

This year the Medicare rebate was increased by 3.6% whilst our employment costs alone increased by 6.2%.

In order to continue to cover the increasing costs of running a General Practice our policy has always been to charge AMA rates which are independently adjusted each year to cover the costs of running a General Practice.

This is why your Medicare rebate is worth less every year. Concerned? Talk to your local Federal MP. Please visit our website for full fee schedule.



(a) Index comprising of Average Weekly Earnings and Consumer Price Index (70:30) reflecting the average cost structures in medical practices.
 (b) Index of Medicare fees as determined by the Commonwealth Government.